








# Is It Worth the Risk? Missing or Shortening Dialysis Treatments

Missing dialysis treatments carries risk. You may not immediately feel the effects, but studies show that inadequate dialysis will shorten your life expectancy.

## Complications and Risks

-  **Worsened Anemia and Bone Disease** as a result of not receiving scheduled intravenous medications at dialysis
-  **Irregular Heartbeat, Cardiac Arrest and Death** from high potassium levels
-  **Increased Likelihood of Strokes** leading to disability and death
-  **Cramping and Low Blood Pressure** during next dialysis session due to removing the extra built-up fluid from missed treatment
-  **Fluid Overload** which causes shortness of breath from fluid in the lungs that may require an emergency room (ER) visit or an emergency dialysis treatment

 **Shortening Treatments**

**by 15 minutes = 39 hours per year!**

 **Missing Treatments**

**once a week = 52 treatments a year!**

To file a grievance, patients may contact:

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Indianapolis, IN 46240 | Toll-Free: (800) 456-6919  
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Kansas City, MO 64108 | Toll-Free: (800) 444-9965  
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